INSTRUCTIONS:

Please read the following statements carefully. For each statement, decide to what extent the statement was true for you (ex. rarely true). Place an "X" over the circle that represents your answer.

		Rarely 1	2	3	Frequently 4
1. If	feel shy with strangers.	0	0	0	0
2. II	like parties that have many people.	0	0	0	0
	rom 3 to 10 years of age, I was shy with ther children.	0	0	0	0
	rom 5 to 10 years of age, I was afraid of bing to school.	0	0	0	0

Shyness Index (SI)