Please answer the following questions about yourself by indicating the extent to which you agree or disagree with each statement, using the following scale.

		Strongly Disagree	Disagree 2	Agree 3	Strongly Agree 4	Don't Know	Refused
1.	I there is really no way I can solve some of the problems I have.	0	0	0	0	0	0
2.	Sometimes I feel that I am being pushed around in life.	Ο	Ο	0	Ο	Ο	Ο
3.	I have little control over the things that happen to me.	0	0	0	0	0	0
4.	I can do just about anything I really set my mind to do.	0	0	0	0	0	0
5.	I often feel helpless in dealing with the problems of life	0	0	0	0	0	0
6.	What happens to me in the future mostly depends on me.	0	0	0	0	0	0
7.	There is little I can do to change many of the important things in my life.	0	0	Ο	0	0	0