ID\#: $\qquad$ Date: $\qquad$
$\qquad$

| Inter- <br> action \# | Time <br> Period | Time <br> Began | Time <br> Ended | Person(s) |
| :---: | :--- | :--- | :--- | :--- |
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |
| 5 |  |  |  |  |
| 6 |  |  |  |  |
| 7 |  |  |  |  |
| 8 |  |  |  |  |

Ask the following for each interaction.

|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Who initiated the time spent <br> together? (you, other, both, <br> unsure) |  |  |  |  |  |  |  |  |
| How pleasant was time spent <br> together, on a scale of 1 to 7? <br> (1=unpleasant; 7=pleasant) |  |  |  |  |  |  |  |  |
| Did you give or get any <br> support? (given, $\underline{\text { received, }}$ <br> both, $\underline{\text { neither) }}$ |  |  |  |  |  |  |  |  |
| Any disagreement/conflict? <br> (none, mild, moderate, severe) |  |  |  |  |  |  |  |  |

$\qquad$ Date: $\qquad$
$\qquad$

How have you felt since you got up this morning? Choose a number between 1 and 5 , where 1 indicates "you haven't felt that way at all since you got up" and 5 indicates "you've felt that way a lot since you got up."

| frightened |  |
| :--- | :--- |
| hostile |  |
| happy |  |
| depressed |  |
| energetic |  |
| tired |  |
| sad |  |
| cheerful |  |
| on edge |  |
| sluggish |  |
| calm |  |
| relaxed |  |
| fearful |  |
| fatigued |  |
| unhappy |  |
| full of pep |  |
| resentful |  |
| lively |  |
| angry |  |
| pleased |  |
| tense |  |
| sleepy |  |
| at ease |  |
| afraid |  |
| nervous |  |

Tell me how much you have felt each of the following symptoms during the past 24 hours. Choose a number from 1 to 5, where 1=none, 2=mild, 3=moderate, 4=severe, 5=very severe.

| congestion |  |
| :--- | :--- |
| runny nose |  |
| sneezing |  |
| cough |  |
| sore throat |  |
| feeling under <br> the weather |  |
| headache |  |
| chills |  |

